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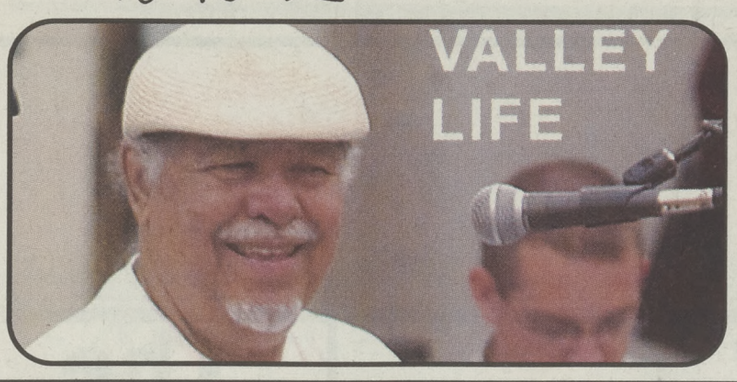

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The Valley Star

VOLUME 58, ISSUE NO. 6 | OCTOBER 16, 2002 | LOS ANGELES VALLEY COLLEGE

Not War, Not Now

With Congress' recent decision authorizing President Bush to use military force against Iraqi leader Saddam Hussein, U.S. citizens want their voices heard. Valley students and faculty gathered for the first campus teach-in since 1991.

BY STERLING ANDREWS
EDITOR IN CHIEF

Panelists called for alternatives to war during a two-hour teach-in Oct. 9.

Nearly 300 Valley students, faculty and staff members filled Monarch Hall to discuss the Bush administration's initiative to go to war with Iraq. Associated Student Union President Samy Kbyshyan, history instructor Dr. Farrell Broslowsky and Faculty Association President Leon Marzillier each gave 10 to 15 minute speeches protesting the use of military force against Iraq before inviting audience members to make brief comments. Although Ray Rosillo, chair of the counseling department, was expected to join the panel to offer support for the Bush administration, he did not attend.

Despite attempts for a balanced event, the majority of the speakers were opposed to war and distrustful of

See **'NOT WAR'** on p. 3

STAR PHOTO/TAMMY ABBOTT

Panelist Farrell Broslowsky makes a point at the teach-in held Wed. at Monarch Hall. The teach-in attracted more than 300 attendees.

STAR PHOTO/JORGE GALLEGOS

Irene Flores is one of the first to pay the new high prices in the cafeteria.

Vending Machines Not First Class

Are you getting money's worth?

BY RICHARD POWELL
STAR REPORTER

Students report losing money in recently installed vending machines, despite the vender's claims that machines are guaranteed not to malfunction.

According to recent surveys, newly installed vending machines have been shortchanging students more often than giving them their snacks. More than 50 percent of those surveyed claim to have lost money on more than one occasion. Some students say they have fed additional money into machines in an attempt to retrieve the food, only to lose more money. Some report losses of up to $7.

"The machines have only been here for a month," computer science major Vikrant Bhagat said, pondering over which snack to purchase. "And if students are already losing money in them, it's hard to trust that vending company."

Matt Hursh, president of First Class Vending Inc. claimed that the machines installed in September would rarely take money without dispensing the chosen item thanks to the Sur-Vend technology found in all First Class machines. Despite repeated attempts to contact Hursh, he was unavailable to comment.

However, students who have lost money can fill out a vending machines refund slip in the cafeteria and have their

See **'VENDING'** on p. 5

SPEAK NOW

I won t argue about whether having a war would be good or bad. I wouldn t go into a debate and say let s talk about the virtues of rape.
--Dr. Farrell Broslowski, history instructor

An attack from Iraq is a possibility. There is no closed door on terrorism.
--Daniel Kane, Journalism major

We have to stop Hussein now, before it s too late. It is best for the U.S. and for the rest of the world.
--Delfin San Jose, Student/former Marine

I don t think the U.S. government cares about the people.
--Ryan Donahue, Monarchs football

This war will cost us, and there is not enough validity to justify that cost.
--Samy Kbushyan, Associated Student Union President

Cafeteria Prices Up

Valley students now pay the highest cafeteria prices in town.

BY ARLENE MEJIA
STAR REPORTER

The Valley College cafeteria is trying to break even after losing $280,000 last year by increasing prices and adding hot dog and pizza concessions, campus officials say.

"It's a huge loss that we can't afford," Vice President of administration Tom Jacobsmeyer said. "That is money that won't go into the classrooms or be used to buy library books."

Price comparisons between the Valley, Mission and Pierce college cafeterias show that Valley's prices are the highest. Valley's breakfast sandwiches cost nearly $1 more than sandwiches at Mission or Pierce, and the price of a cookie is almost twice as much as Mission's $0.42 cookies. As for the salad bar, Valley's is a whopping $1.35 per pound more expensive than Mission.

"The salad bar prices are ridiculous," business major Christopher Watters said. "It's $4.85 a pound, but it's the only way to eat healthy."

According to Jacobsmeyer, the increases were caused in part by the money lost on the old vending machine contract. Valley waited 18 months before receiving any payment and was eventually forced to employ new vendors. The new contract will bring an estimated $500,000 to the cafeteria budget.

Campus officials have also decided to close the unsuccessful "Eddie Peppers" restaurant to make room for "Asian Creations." In addition, a new establishment will replace the old ice cream shop located in the northeast corner of the cafeteria building, utilizing the same equipment. A sidewalk café is scheduled to open Oct. 21 and will offer a variety of ready-to-go food including cold sandwiches, salads, hot dogs, beverages and desserts.

Despite the many price increases, campus officials maintain that the benefits far outweigh the cost.

"We have one of the largest and nicest cafeterias in the valley," Jacobsmeyer said. "Students have to pay for that treat."

The Valley Star will not be publising on Oct. 23. The next publication date will be Oct. 30.

Museum is History

Valley's first building, will be demolished to make room for new additions.

BY KATHARINE ANDERSON
STAR REPORTER

STAR PHOTO/JORGE GALLEGOS

Austin Conver, 89, has dedicated thirty five years of his life taking care of the LAVC Historical Museum.

For more than half a century, the walls of bungalow 15 have stood firm as Valley College blossomed and grew around it. The building, which was erected in 1951, housed Valley's first library, the president's office, and the entirety of administration when the college had fewer than 5,000 students – the size of most public high schools today. Now, with campus renovations being made to better serve nearly 20,000 students, the 51-year-old building will be torn down.

As part of the ongoing Proposition A-funded campus renovations, the dilapidated bungalows, including Valley's first building, will be torn down to make additional space for parking.

The bungalow currently houses the campus Historical Museum, founded in 1974 as part of Valley's 25th anniversary. The museum has grown under the care of 89-year-old museum director Austin Conover. Once the bungalow is torn down, the museum will be relocated to the new library, according to campus officials.

"I have been here for 35 years and it is a great thing to watch the campus grow," Conover said. "It will be a tremendous job, but I will be here for it."

Artifacts include books, tools, clothing, and even a penny parking meter – all of which document a part of the San Fernando Valley's growing history. Newspaper clippings, photographs and memorabilia profile great moments in the history of the college

"There have been mixed reactions about tearing it down," said Fred Parker, project director, LAVC bond program, "But the majority of people on campus say that it is just a bungalow and we should tear it down."

Beginning in November, the contents of the museum will be catalogued, assessed for treatment, and then prepared for the move. According to Parker, some of the collection has not been preserved properly and will need some care before being placed in the new displays.

After the library is built and the move is complete, the museum's collection will be displayed prominently. Conover will continue to volunteer his time to care for the exhibition and give tours to visitors.

2 Opinion

Liberally Speaking

The Liberal Media: Myth or Madness?

BY STERLING ANDREWS

STAR PHOTO/SALVADOR AGUILAR

From television editorialists like Bill O'Reilly to my very own republican, brow-furrowing uncle, conservatives are keeping the "liberal media" claim alive and well. The Rush Limbaughs of today have shaken their purple-veined fists at the major news networks since the repeal of the Fairness Doctrine in the mid 1980s allowed them to do so without being countered by an immediate liberal viewpoint. And although conservatives may argue that Republican-weighted AM radio is equal time compared to the mainstream "liberal" media, I see no evidence that such a media is anything but a big, fat myth.

First of all, believers in the existence of a liberal media claim that conservative legislators are more likely to be identified with a partisan label than liberals, thereby separating and singling out conservatives. But a news media study by senior researcher Geoffrey Nunberg of Stanford's Center for the Study of Language and Information showed that "the average liberal legislator has a 30 percent greater likelihood of being identified with a partisan label than the average conservative does," even in such accused "liberal" dailies as the New York Times and the Washington Post.

A 1995 study by media watchdog FAIR discovered that the general news media – major newspapers, radio and television – collectively cited conservative think tanks 7,792 times, centrist think tanks 6,361 times and liberal think tanks only 1,152 times throughout the year. FAIR conducted its research by compiling a database of all articles and transcripts from 78 major newspapers and networks, including ABC, CNN, the Los Angeles Times and the Washington Post.

Conservatives claim that the liberal media is fueled by liberal journalists who frame news content to accentuate their liberal perspectives. First of all, it's ridiculous to assume that journalists control what is seen and heard by the public and that those in power to hire and fire have no say in what gets printed or aired. Journalists may write the news, but they are not publishers. It is their superiors – ultimately, the owners of the news networks – who decide what kinds of stories they want to give the most coverage to. And we're not talking about spokespeople for Greenpeace or protectors of small businesses. We're talking about companies like AOL Time Warner, General Electric and Viacom – big corporations, and big corporations are more often than not owned by conservatives.

COURTESY OF DYLAN HAY-CHAPMAN

Even the Federal Communications Commission admits that the power to decide what Americans see on television and read in newspapers is currently held by a handful media tycoons and has begun what representatives call "the most comprehensive look at media ownership regulation ever undertaken by the FCC" in order to keep companies from owning more than a reasonable percentage of cable, radio, television and news networks. According to the FCC, "the objective of this proceeding is to develop ownership rules and policies that are reflective of the current media marketplace, are based on empirical evidence, and analytically consistent." The FCC obviously wouldn't initiate such a proceeding if ownership rules were already based on empirical evidence and analytically consistent or weren't in danger of becoming otherwise. If the FCC admits that the owners of major news sources might be controlling what the public sees, and those owners are overwhelmingly conservative, how in the world could anyone say that our media is liberal?

But let's take a step back from facts and figures for a second and take a look at what news sources choose to report. Would a liber-

See 'ANDREWS' on p.3

BY CATHLEEN KENNEDY

COURTESY OF CATHLEEN KENNEDY

Seventy million Americans rely on broadcast television for their news. They form opinions based on what they hear and see. Therefore it is vital to American democracy that television news and other media be fair and unbiased. Since citizens cannot cast informed votes or make knowledgeable decisions on matters of public policy, information must not be distorted.

Mainstream media continues to deny their liberal bias, but left-wing bias in the news media is a reality. There is a lack of any depth in the news from reporters like Peter, Dan and Tom.

What appeared to viewers of "The Early Show" as an irate Bryant Gumbel referring to a conservative guest as "a f***ing idiot" apparently didn't merit a second glance by Gumbel's employer, CBS News. When Comedy Central's "The Daily Show" asked Peter Jennings if he wished ABC had covered Bush's Iraq speech live on prime time, Jennings replied, "Not particularly. I think the public is very anxious. I think they're still uncertain about the President's goals. What will we do on day three?"

New York Times best-selling author Bernard Goldberg stated, "Liberal bias doesn't mean simply being hard on Republicans and easy on Democrats. Real media bias is the result of how those in the media see the world, and their bias directly affects how we all see the world."

In a recent interview on 20/20, Barbara Walters treated Fidel Castro's view of Bush's Iraq policy as relevant. Walters sought confirmation: "You oppose an attack against Iraq, yes?" Also, NBC has taken advantage of the sniper shootings to help publicize left-wing filmmaker Michael Moore's anti-gun movie. On CNBC, Brian Williams wondered, "As a sniper spreads fear… the question: Whatever happened to the gun control debate in the United States?" William praised Moore's prescience.

Fighting dirty is nothing new for liberals. It seems there's no limit to what liberals will say to discredit or mislead their conservative opponents. Remember the media blitz surrounding Dan Quayle's misspelling of the word potato? The Minneapolis Star Tribune mentioned it more than a dozen times. However, when Al Gore visited Minneapolis in Oct. 1998 and raised several hundred thousand dollars for DFL gubernatorial nominee Hubert Humphrey III and two Democratic congressmen, he forgot which state he was in. Gore misspoke when he tried to summarize their comment to education. "They will be the education team that Missouri needs to move into the 21st century," he said. The Tribune mentioned this story only once.

A poll conducted by Louis Harris and Associates for the Nonpartisan Center for Media and Public Affairs found that almost half of Americans polled think that the media usually does not "get the facts straight." Some two-thirds believe the media does not "deal fairly with all sides" in social and political reporting. Nearly 60 percent believe the news media has "too much influence." The allegation of liberal bias in the media is not a new one. You will find left-slanted comments and negative critiques everywhere. As there is less to dispute, liberals have become more bitter and angry. Attacking conservatives, making them out to be the bad guys. Dare anyone deal with the facts? Of course not. This would mean left-wingers would have to account for what they actually say.

Maybe each newscast should open with a disclaimer. "Warning: The following newscast is not intended to be fair, accurate, impartial or well-balanced representation of the facts. Viewer discretion is advised."

See 'KENNEDY' on p.5

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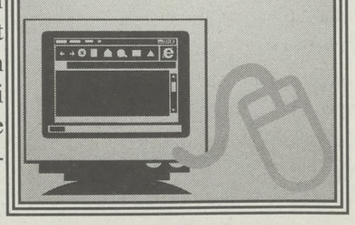


editorial

Students who did not have the chance to attend last Wednesday's campus teach-in missed an incredible event. "Why War, Why Now?" gave those in attendance the chance to publicly assemble and discuss a serious world issue, receive information that they may not have read or seen in mainstream media, and openly express their views and opinions on the pending war with Iraq.

Or did they?

When Faculty Association President Leon Marzillier announced that a teach-in would be held in place of a debate between he and political science instructor Dr. Anthony O'Regan, Marzillier said that he wanted the program to be as fair and "balanced."

Marzillier did his best to find a panelist who supported the idea of going to war. However, every person Marzillier invited to defend the Bush administration declined to participate, and the person who finally volunteered never showed. Marzillier may have tried to organize a balanced event, but he did not succeed.

When the panelists finished their anti-war speeches, Marzillier invited attending Bush-supporters to approach the microphone and share their views along with those who opposed military action against Iraq. But the panelists' treatment of student speakers illustrated the exact reason no one wanted to join the panel to speak in support of the Bush administration. Every speaker who so much admitted to thinking that some kind of action had to be taken against Saddam Hussein was interrupted, questioned, challenged, and dismissed; some were even insulted.

The first pro-Bush speaker was at least allowed to finish his statement, but the fact that panelist Dr. Farrell Browslowsky – a history instructor at Valley – offered a harsh and immediately emotional rebuttal to the speaker's comments made the underlying purpose of the teach-in unmistakably clear. From that point on, it was no longer about discussing views, it was about being right.

In an effort to have his opinion heard, student Daniel Kane continued to speak even when Broslowsky interrupted him. However, Marzillier soon asked Kane to let Broslowsky – who had already given a 15 minute speech – complete his rebuttal uninterrupted.

The most troubling display of judgment occurred when the vice president of the campus honors society, Michael Spaccia, attempted to share his pro-Bush views. Spaccia had been at the microphone for less than 30 seconds and had only managed to complete two sentences before he was interrupted and challenged after using an analogy that included a misinformed historical date. Although it was clear that Spaccia's point did not hinge on the particular date, Broslowski immediately discredited the validity of Spacia's views by cor-

See 'EDITORIAL' on p. 6

Valley Life 3

campus scene

16 **11:45 a.m** - Health Lecture Wednesday Campus Center 104,.
2. 3 p.m. - 4:15 p.m. - Men's and Women's Water Polo LAVC pool

17 **11:30 a.m.** Classical Guitarist, Music Recital Hall

22 **10:00 a.m. - 1:00 p.m and 5:00 p.m. - 7:00 p.m** - Annual College and University Information Fair, Monarch Square
1:00 p.m. to 2:00 p.m. - Application workshop

24 **10:00 a.m.- 1:00 p.m & 5:00 p.m.-7:00 p.m.**CSUN Day
1:00 p.m.- 2:00 p.m. - Teaching credential program
10:00 a.m.- 1:00 p.m. & 5:00 p.m -7:00 p.m. On-site admissions workshop

28 **11:30 a.m.**Carmen Recker, Soprano and Timothy Jameson, Piano: On the Road to Divadom, Music Recital Hall
8:00 p.m.LAVC Wind Ensemble: Michael Mertens, Conductor. Mainstage Theatre

29 UC Riverside Career and Transfer Center. Make an appointment one week in advance to speak to a representative

A Classy Evening

BY TAMMY ABBOTT
STAR REPORTER

An evening at the Symphony is always a treat, and the intimate setting of the Valley College mainstage theatre is no exception.

The Valley Symphony Orchestra, under the direction of Robert Chauls, bathed listeners with the flowing sounds of Mendelssohn, Mozart and Beethoven on Oct. 12. The program opened with Overture: Aum Maerchen von der schoenen Melusine by Felix Mendelssohn. Later, Violist Alexis Carreon and Violinist Sharon Cooper proved complimentary to the beautiful passages in Mozart's Sinfonia Concertente in E-flat Major, K 364. The audience enjoyed their performance so much they received a curtain call and flowers after their performance. The concert ended with Symphony No. 1 in C Major, Op 21 by Beethoven. The next concert will be November 23rd.

STAR PHOTO/TAMMY ABBOTT
Sharon Cooper, violin, and Alexis Carreon, viola, received a warm greeting when they joined the Valley Symphony Orchestra Saturday iin the mainstage theatre.

Salsa, Por Favor

BY HARRIET STIENBERG
FOR THE STAR

The Ronnie Gutierrez Band delighted the audience with its toe tapping beats and lively rhythms Thursday at a concert presented by the Valley College Music Department.

The band played the upbeat Latin melodies of the Cha Cha, Meringue, Cumbia, and Salsa to a full house. Organ keyboardist Jay Minor alternated in several octaves, giving the music interesting effects.

Band leader Ronnie Gutierrez did a little comedy act with his drum sticks and twirled around intermittently to add to the event's excitement.

Gutierrez's 70-year-old father, Mike, added to the show with his exciting vocal tones and by making unusual sounds with his tongue. Mike is a talented percussionist who has recorded movie soundtracks, played with Tito Puente and Eddie Cano, and will be touring with the Leslie Salsa Band.

STAR PHOTO/TAMMY ABBOTT
The Ronnie Gutierrez Band grooved the Music 101 room with their great Latin/Jazz sounds on Oct 10.

The band has played several charity functions, according to Gutierrez. The funds raised have helped the homeless, Alcoholics Anonymous, and several charity agencies.

Everyone seemed to be enjoying themselves, including a group of people who were brought in from a retirement home in Woodland Park. Some of them were joyfully clapping to the beat of the music.

"This reminds me of the time when I took a trip to Mexico and sat in a nightclub," said one resident.

In the Know

BY KATHARINE ANDERSON
STAR REPORTER

If Kelley Ross, Ph.D., were to stand next to statues or pictures of the well-known philosophers, he would appear to be one of them. With his long, white beard and eyes shimmering with intelligence from behind glasses, he is the epitome of what society envisions philosophers to look like.

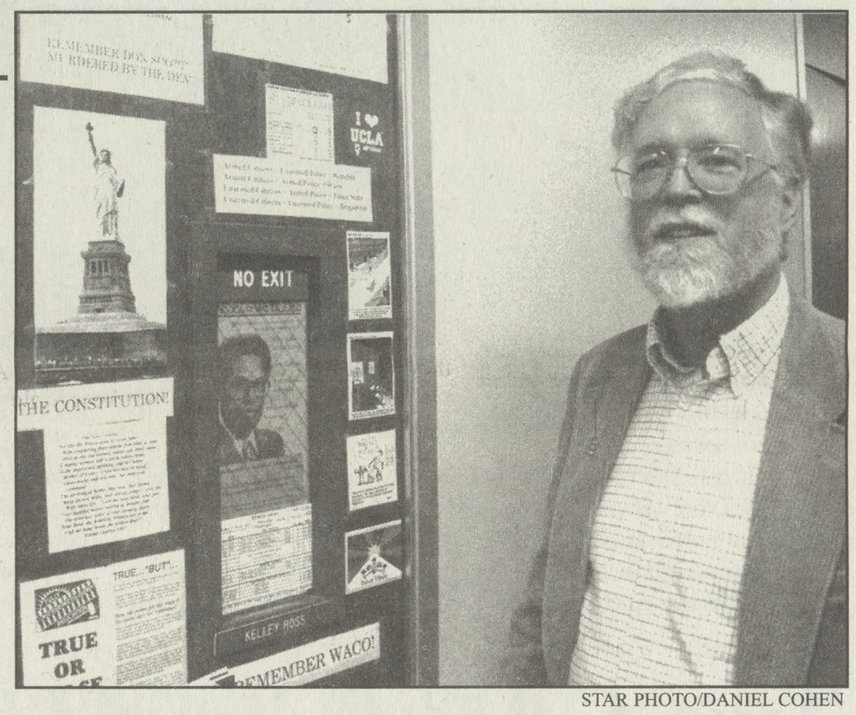
Leaning forward in his chair, he rests his chin on his hand, reminiscent of Rodin's statue "The Thinker." Catching himself, he readjusts in his seat with a mischievous twinkle in his eye.

"Dumb luck," says Ross, when asked how he came to be an instructor at Valley, "There are Philosophy Ph.D.s driving taxicabs. To be a teacher you have to be either spectacular or in the right place at the right time."

His students would say that it is more than luck that brought him to Valley College. They describe him as an animated, colorful and exciting teacher who makes philosophy classes fun.

"He is a fascinating teacher and an amazing man," said Lauren Rothman, one of Ross's students. "He has seen it all, done it all, and makes it interesting to learn about."

Ross has traveled great distances in his pursuit of knowledge, but his roots are in the San Fernando Valley. His family has been prominent in Southern California since 1918, when his great uncle began selling cars. The business grew, and was the largest car dealership in the world. His great uncle also founded the Kelley Blue Book, which Ross's cousins still manage today.



STAR PHOTO/DANIEL COHEN
Dr. Kelley Ross, professor of philosophy at Valley College, stands next to his office door.

After graduating from Grant High School, Ross attended the University of New Mexico before moving on to UCLA. In his junior year, he was offered the opportunity to study at the American University of Beirut in Lebanon. He remained there for two academic semesters and then returned to UCLA to complete his B.A.

Unsure of the direction to take after he graduated, he followed a professor he admired to the University of Hawaii in Manoa, where he received his M.A. in Philosophy. He lectured part-time for a year in Hawaii before moving on to the University of Texas to complete his Ph.D.

Even though Ross still has a penchant for acquiring knowledge, he is currently parting with a wealth of his. He has a website that appears to be memoirs of a few lives lived, but in reality offers a glimpse into the mind of an eccentric character. There are essays with his views on numerous topics ranging from nudism to recipes.

Ross is also a current candidate in the 28th California Congressional District for the Libertarian Party. He said winning is not his goal. He just wants to take this opportunity to inform voters that there are

See **'ROSS'** on p. 5

'Editorial'

continued from page 2

recting him on the date and attacking his intelligence.

"You're the V.P. of the honors society?" Broslowski asked. "That doesn't speak much for our honors society, does it?" When asked if he thought he was perhaps being heavy-handed, Broslowski said "I'm not being heavy-handed, I'm just not willing to tolerate nonsense and false analogies. If someone presented legitimate reasons that there's no other option than to go to war, I'd understand." Broslowski later added that he didn't attend the teach-in "to deal with morons or foolishness. We're talking about a war here."

There may be many fools and morons in this country, but they vote. They rally. They help choose how the people live. Regardless of what we think of them, knowing what and how they're thinking is still of tremendous importance. That said, a student's lack of knowledge on a historical date should not invalidate his opinion on a current event or in any way downplay the importance of his views. The teach-in was supposed to be a learning experience, and calling students names and questioning their intelligence defeats the purpose of an educational event.

Even so, publicly noting a lack of intelligence should have been superfluous. Many of the statements made at the teach-in – by both conservatives and liberals – spoke for themselves as far as intelligence was concerned. Some liberal student speakers – including one panelist – never managed to make a clear point or finish a sentence. Their faults, contrary to those of the conservative speakers, were never pointed out.

If a conservative panelist had volunteered an educated opinion respected by fellow instructors, if Marzillier had not attempted to replace a debate with a teach-in, and if an announcement had not been made by a panelist at the opening of the even requesting that speakers keep their emotions under control and refrain from using personal attacks, this editorial would be unnecessary.

Students who missed the teach-in missed more than a heavy discussion. They missed a chance to observe, in person, that although liberals haven't much of a voice on Capitol Hill, it is often the conservatives who are shut up and pushed aside by much of the populace.

'Andrews'

continued from page 2

al media have spent so much of its energy dishing out the details of former President Bill Clinton's personal life? Believers in the liberal media gave such a large amount of attention to a 1993 study revealing that more than 80 percent of mainstream journalists had voted for Clinton in the 1992 election. But are the fist-shakers who use studies like this as evidence so narrow minded that they can't conceive of the idea that educated, intelligent people might be able to keep their beliefs separate from their reporting? The mere idea of a liberal media as dictated by journalists should be taken as a harsh insult by all news writers. It should anger us that there are people in power who do not believe we have the mental capacity to put our personal views aside just do our job.

'Not War'

continued from page 2

the Bush administration's motives. Although their approaches differed, one message present in the panelists' speeches was that Iraqi leader Saddam Hussein is an evil man, but the use of military force is not the way to deal with him.

"This war will cramp our future and destroy the prospects of living in a peaceful world for the next century," Broslowsky said. "What is the threat? Where is the evidence? There is no coherent basis to justify going to war."

During his speech, Broslowsky, who called himself a "rough winger," referred to Iraq as a smokescreen set up to redirect the country's focus from the rising cost of health care and numerous corporate scandals that have occurred since Bush was elected. He urged students to question the Bush administration's motives. "I see this as an effort to maintain control in the senate for the upcoming election," Broslowsky said. "There are oil interests, but this goes beyond oil. I think there are more complex factors at work that we should be questioning." Broslowsky added that he had "never seen the U.S. go to war to preserve democracy."

Kbushyan, the only student on the panel, blamed the media's tendency to bombard the public with reasons to make war instead of send aid to countries in need for the young public's general lack of knowledge in international affairs. "We think we know everything based on what we see in the media," Kbushyan said. "But we have to realize that we don't. We stand here today with many different backgrounds and different opinions. But why are we really wanting to go to war? I'm sure that half of you in this room don't know." Kbushyan urged students to read international newspapers to gain a better grasp on United States involvement with world affairs.

Marzillier focused on the unrealis-

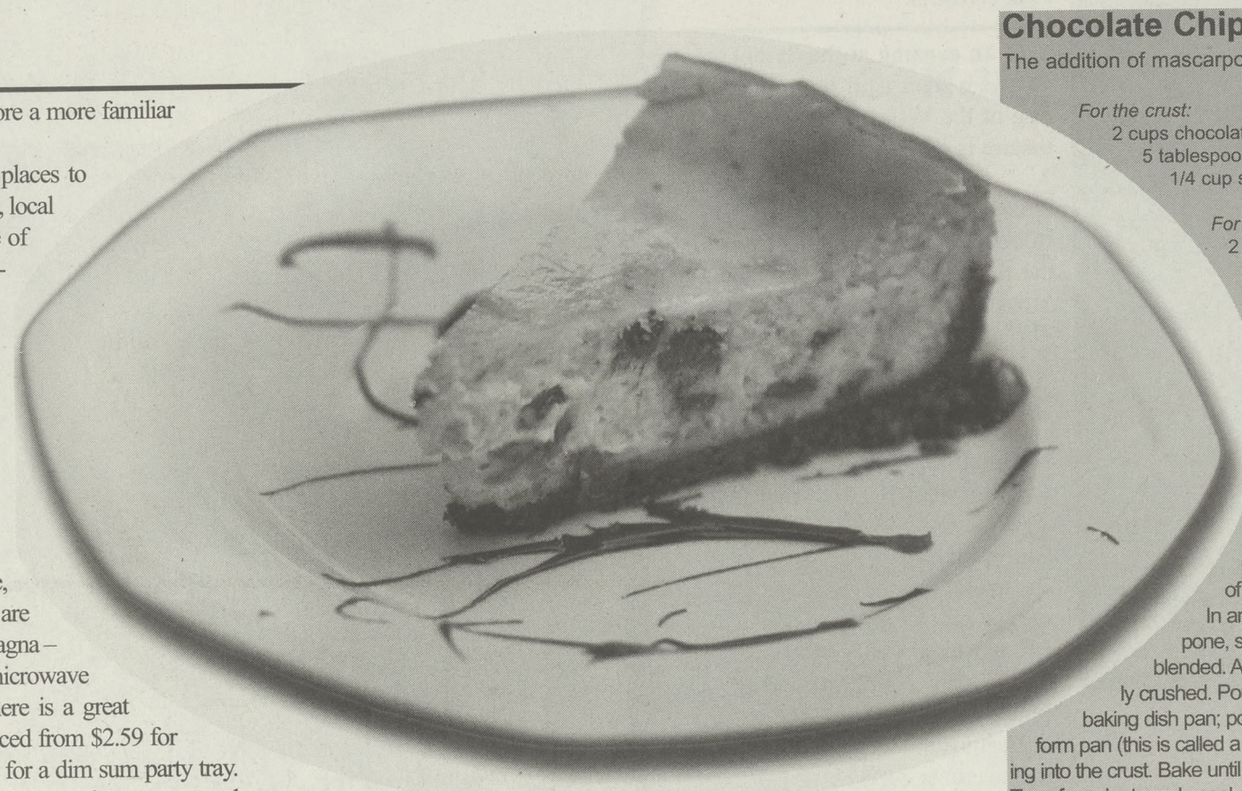
See **'NOT WAR'** on p. 5

EATING ON THE CHEAP

BY SHARI SOLLARS
STAR REPORTER

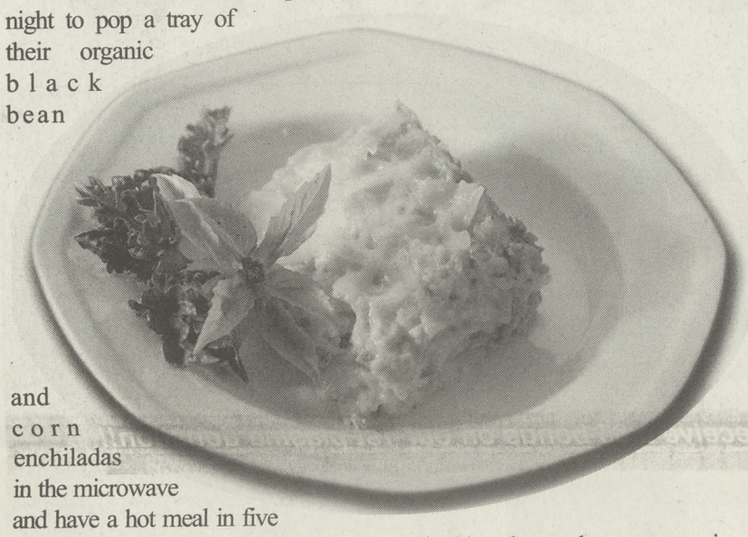
For the third part of this series, we explore a more familiar store, Trader Joe's Market.

Trader Joe's is simply one of the best places to shop. They carry fresh meats, produce, cheese, local and international products, and their own line of foods, allowing the market to sell gourmet groceries at very affordable prices. My only problem when shopping there is that I want to buy everything.



Trader Joe's cannot be beat when it comes to fresh and frozen prepared meals. Time-crunched students with a limited budget have many delicious, healthy, and easy choices. There are big fresh salads priced from $2.29-$3.99; the choices include Chinese chicken, Cobb, Southwest vegetable, Caesar, and Greek. Gourmet deli sandwiches are less than $5; roast chickens, meat loaf, and lasagna – which require only a quick re-heating in the microwave or oven – are also easy on your wallet. There is a great assortment of sushi and dim sum that are priced from $2.59 for an individual tray of California rolls to $4.59 for a dim sum party tray. They sell individual portions of fresh pizza dough to make your own at home, lasagna, potpies, tamales, burritos, and enchiladas. These last items are all also sold frozen.

TJ's frozen foods are surprisingly tasty. It is a wonderful thing on a busy night to pop a tray of their organic black bean and corn enchiladas in the microwave and have a hot meal in five minutes for only $1.69. Spinach quiches are $1.89 each, eggplant parmesan is only $2.89. Other well priced frozen meals include Asian rice bowls, pizzas, taquitos and empanadas, many of which are vegetarian or even vegan. There is also a large assortment of tempting frozen desserts, vegetables, and seafood.



For quick hors d'oeuvres there are great dips-- several kinds of hummus, spinach and artichoke dips, salsa, guacamole and bean dips. They also carry a huge assortment of fresh breads and crackers to go along with them. Or you can forgo the dips and check out the extensive cheese selection. Most of TJ's cheeses sell for at least $2 less per pound than at the big chain supermarkets:

Fresh vegetables come nicely packaged and there are several choices of pre-washed fancy salad greens and gourmet mushrooms. Fresh meats and seafood are available in choice cuts like rack of lamb, marinated pork loin and flank steak. There are excellent gourmet sausages (I counted 13 different kinds) as well as lunch meats and salami.

Anyone who is over 21 can appreciate Trader Joe's amazing wine section. There are many choices from all over the world, several of which cost less that $5 a bottle. There is also a full assortment of liquors and spirits. There are teas and coffees, and one of my favorite things about TJ's is their eponymous brand of juices, with such delicious choices as spiced apple cider, white peach nectar, and blackberry guava.

It was hard to control myself when I shopped for this week's menu, but I managed to spend only $30.58. Both the lasagna and the cheesecake recipe can serve up to 12 people, but the salad recipe is only for eight, so I priced this meal out to serve eight people at $3.82 per person (with plenty of leftovers for the next day). I did use my own olive oil and spices. Enjoy!

Chocolate Chip Cheesecake

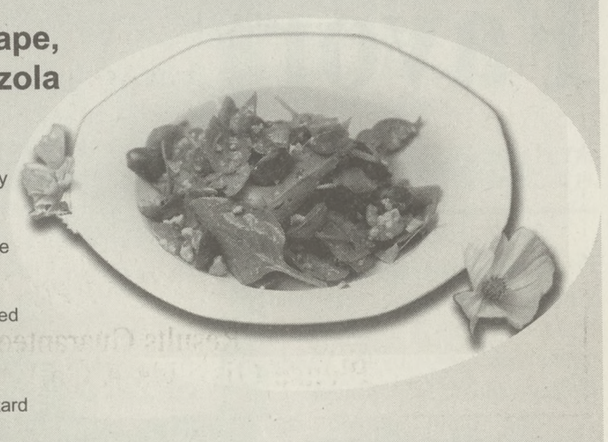
The addition of mascarpone gives this cheesecake a lighter texture.

For the crust:
2 cups chocolate wafer cookies (I used Trader Joe s Low fat Cat Cookies)
5 tablespoons butter, melted
1/4 cup sugar

For the cake:
2 pounds cream cheese, room temperature
8 ounces mascarpone cheese (one container)*
1 1/4 cups sugar
1/2 teaspoon salt
2 eggs
1 tablespoon vanilla
3/4 cup semisweet chocolate chips
*Mascarpone is an Italian cream cheese available at Trader Joe s and Italian specialty stores.

Preheat oven to 350¡F.
Tightly wrap outside of a nine-inch spring form pan in aluminum foil. In a food processor, crush cookies to a powder; add melted butter and sugar, blend. Press mixture evenly into bottom of pan. Bake for 20 minutes, cool completely.
In an electric mixer or food processor, beat cream cheese, mascarpone, sugar, and salt until smooth. Add eggs and vanilla; beat until just blended. Add chocolate chips and process briefly so that the chips are slightly crushed. Pour cake mixture over crust in pan. Place spring form pan in large baking dish pan; pour enough hot water into dish to come halfway up sides of spring form pan (this is called a bain marie). The foil around the pan keeps any water from seeping into the crust. Bake until cheesecake is golden and set, about 1 hour 20 minutes.
Transfer cake to rack; cool one hour before refrigerating the cake for at least six hours.
Remove from spring form pan. For a traditional sour cream topping, mix 1 1/2 cups of sour cream with 1/2 cup sugar and spread evenly over top of cake, let topping set for at least an hour.
To serve cake, run a long, sharp knife under very hot water until the blade is hot (a hot knife will give you cleaner slices of cheesecake). Quickly dry the knife and cut cake in half. Repeat rinsing and drying the knife each time you cut the cake; slice the two cake halves evenly in half again. Cut each quarter into three slices with a hot, clean knife making 12 slices in all.
Serves 12.

Spinach, Grape, and Gorgonzola Salad



1 bag pre-washed baby spinach
2 cups red grapes, sliced in half lengthwise
1/4 pound Gorgonzola cheese, crumbled
1/2 cup chopped toasted almonds

Dressing:
1 teaspoon Dijon mustard
1 teaspoon honey
2 tablespoons balsamic vinegar
6 tablespoons olive oil (extra virgin is best)
1/4 teaspoon salt
1/4 teaspoon black pepper

Measure all of the ingredients for the dressing into a jar or Tupperware container with a lid and shake well.
Gently toss all salad ingredients together with dressing.*Serves eight.*

Lasagna Casserole

This recipe is made easier by using sauce from a jar; Trader Joe s brand is all organic.

1 pound pasta*
1 pound mozzarella, grated
6 cups marinara sauce (I used TJ s Organic Tomato Basil Spaghetti Sauce)
3 tablespoons olive oil
1 1/2-2 pounds ground turkey (vegetarians can substitute silken tofu or chopped mushrooms)
4 medium carrots, peeled and thinly sliced
1 large onion, finely diced
1 bunch fresh basil, chopped
1 cup grated Parmesan
2 cups (1 pint) heavy cream

*Use lasagna noodles for a traditional casserole; Trader Joe s only sells lasagna noodles during the holidays, so I used farfalle (bow tie) pasta because it is easy to spread in even layers over the filling.

Preheat oven to 375 degrees.
Precook the pasta in six quarts of rapidly boiling salted water until it is slightly underdone, about three minutes less than the package directions. Run pasta under cold water and drain well; pour a little olive oil over pasta and toss to keep it from sticking together. Divide into three even portions.
Heat olive oil in large skillet and saut turkey, carrots, and onions together until the meat is cooked through and slightly browned. Season with salt and pepper and divide into two even portions.
Pour two cups of the marinara sauce in a 9 by 13-inch baking pan, followed by one-third of the pasta in an even layer. Over the pasta spread half of the meat and vegetable mixture, half of the mozzarella, half of the chopped basil, and two cups of marinara. Cover with another one-third portion of the pasta. Spread the remaining filling ingredients over pasta (meat, vegetables, mozzarella, and basil) and cover with the last two cups of marinara. Cover with the remainder of the pasta and gently press the casserole down with your hands so that it is even in the pan.
Over the top of the lasagna, pour two cups of cream and sprinkle one cup of Parmesan cheese. Cover the pan with foil and bake for an hour. Remove the foil and bake for an additional 30 minutes until the top is browned and bubbling.*Serves 12.*

Two Out of Three Ain't Bad

■ *Bob Teichmann reviews three student-directed one-act plays.*

BY BOB TEICHMANN
STAR REPORTER

Students run the show from start to finish in this week's "Three Sides," a set of short plays written and directed by students. The shows produced by Prof. Kathryn Milton run from Thursday through Saturday in the Horseshoe Theatre.

"Anna's Portrait"

This show about an artist who spends time with an old painter was undoubtedly performed first for a reason. It lacked many of the essential elements of a good theatre-going experience, the most notable of which was the audience's attention.

The opening is slow and the lead character's back is continuously to the audience. Not a word of emotional dialogue is spoken for several minutes. People in the audience sunk into their seats and began yawning almost immediately.

One rule of thumb followed by all stage actors is to ignore any and all distractions, unless it serves a purpose in the show. During the performance Devereau Chumrau, who played "Charly," was visibly distracted throughout much of his performance by a patron on a respirator.

Character names aren't even established until 30 minutes into the show. Jeremy Wolter's "Jack" was monotone and emotionless, speaking in what seemed like an endless sentence. Sean Schwartz's "Robert" was too soft-spoken and lacked the emotional seriousness that his character should have presented.

The actors did not work well off one another and left noticeably empty beats within the dialogue. Overall, the show had too much compressed into one performance, with obvious signs of cutting along the way.

"Moving"

People go through the tedious task of moving all the time. In "Moving," the audience was offered a humorous look into one family's chaotic home and the frustration that usually accompanies relocation.

The cast grabbed audience's attention right from the start. Natalia Abrams's portrayal of working mom "Lizzie" was reminiscent of "Roseanne" and the enjoyable sarcasm that she brought to family life.

Melissa Bellamy stormed in as "Francis," the daughter on her way out to a new home. The character looked like something out of a Cyndi Lauper video and whined constantly.

The Vietnam vet junkie brother, "Danny," who steals and sells his sister's few possessions, is played by Matthew Evans. His appearance was very brief but was enough to give the audience a good laugh.

Help arrived unexpectedly in the form of "Bill," played by Brendan Niemann. He walked in without warning and tried to strike up a conversation with Lizzie, only to get kicked out a moment later.

Character dialogue flowed smoothly in this one and the actors worked very well together. A great scene between Lizzie and Bill reminded me of being at a bar, where the man always makes a fool of himself.

Overall, character connections were excellent and the story ran at a comfortable pace. The ending was brief and to the point and left the audience laughing and wanting more.

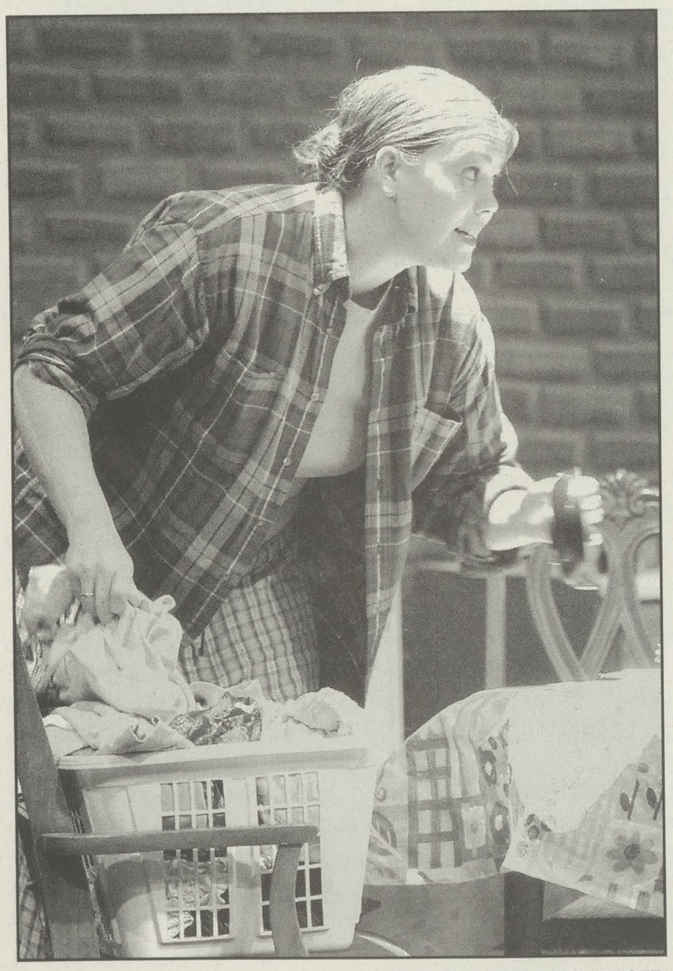
"Hermit's Demons"

A father's biased views are brought to light when his daughter falls in love for his Mexican neighbor in this long and often confusing drama.

The show began with "Hermit," played by Francisco Hernandez, going about his usual business at home when his estranged daughter "Amber," played by Paulina Rodriguez, comes over for an unannounced visit, and immediately has an unrealistic bond with her reluctant father.

Hermit's neighbor "Miguel Torres," played by De'Angelo Bethea, has a sudden romantic connection with Amber. These two work well together and have an

See **'PLAYS'** on p. 6



STAR PHOTO/TAMMY ABBOTT

Natalia Abrams plays Lizzie in Moving, during the LAVC playwriting workshop in the Horseshoe Theatre on Friday October 11 at 8 p.m.

'Ross'

continued from page 3

the Libertarian Party. He said winning is not his goal. He just wants to take this opportunity to inform voters that there are different political parties to support.

Ross accepted the teaching position at Valley in 1987, where he plans to continue teaching at until he retires. At that time he will relocate to his second home in New Jersey to live with his wife, who teaches in the religious studies department at Princeton University.

'Plays'

continued from page 4

obvious connection throughout the play.

Erin Noble comes in as "Det. Martha Armstrong". This character is stern and forceful. Noble does an excellent job of portraying the authority figure.

Scenes did not flow well from one to another. The story had some editing holes and left the audience trying to figure out why some lines were even said. However, the point of the story was easily understood and the ending was carried out just right.

'Vending'

continued from page 1

money refunded immediately. Complaints must specify which vending machine is causing problems, the selection number, and what type of food was not dispensed. The cafeteria is reimbursed by the vending company.

Despite the problems with these new machines, all hope is not lost. Earlier this week, a student found himself with a drink lodged in the machine, stuck on top of another. Upon putting more money in the machine to retrieve his drink, the beverage that was stuck dislodged the one it was caught on, giving him three drinks for the price of two.

'Not War'

continued from page 3

tic goals of those in office and predicted that efforts to expel leaders like Hussein would cause more terrorist attacks rather than less. "Thinking that we're going to rid the world of terrorism is a pipe dream," said Marzillier, who was concerned that the United States would proceed without international support. "If someone ousted the police departments in Los Angeles, the Bloods and Crips would take over. There are other ethnic rivalries in Iraq that will rise up if those presently in power are taken down."

Although Marzillier encouraged Bush supporters to speak when the floor was opened for comments and questions, only a handful of speakers favored military action. "I don't like war; nobody does," student Glen Burns said. "But we have to do something and do it soon."

Robert Oles questioned believing the CIA's claim that Iraq poses no immediate threat to security and announced his faith in the American people to do 'what is best.' "This country's the best country on the face of the planet," Oles said. "I've volunteered my services should we go to war, and my 18- and 19-year-old sons have done the same. We follow our flag." Oles then responded to a comment Marzillier made about Bush being a "very dangerous man" by stating, "If the American people survived 9/11, they'll survive George W. Bush."

Others joined the panelists in questioning the validity of a war with Iraq. Student Susan Beaman addressed the possibility of a family vendetta against Hussein. She admitted that she didn't know much about the situation but thinks that the President is using Iraq as a scapegoat. Perhaps the most important question came from Arsen Akopyan who asked, "What can be done to stop Bush from leading us into war?" The panelists noted that the Vietnam war ruined a few political careers.

Marzillier ended the teach-in by urging students to ask questions of those in office, read international newspapers and not to accept everything they read or hear.

Broslowsky managed to squeeze in one final word of advice to students.

"Don't believe what anyone has to tell you simply because they're in a position of power," he said.

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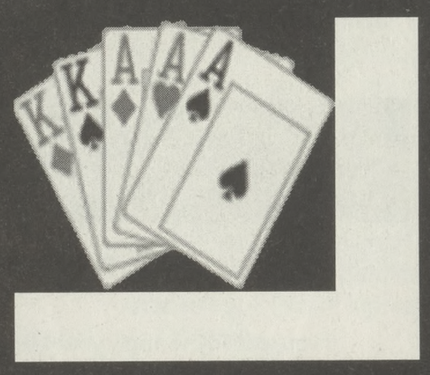

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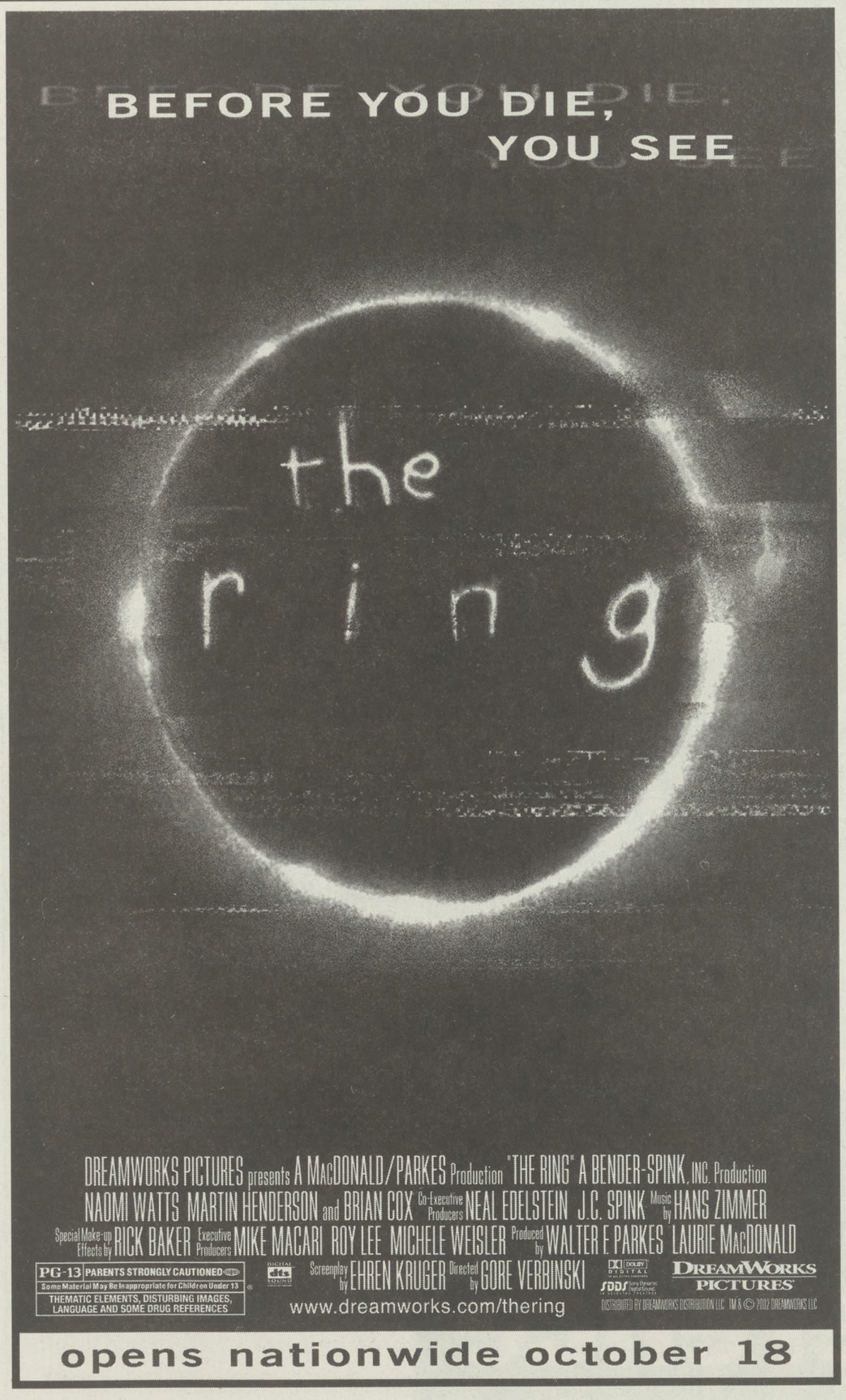
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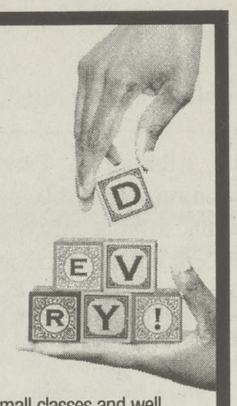

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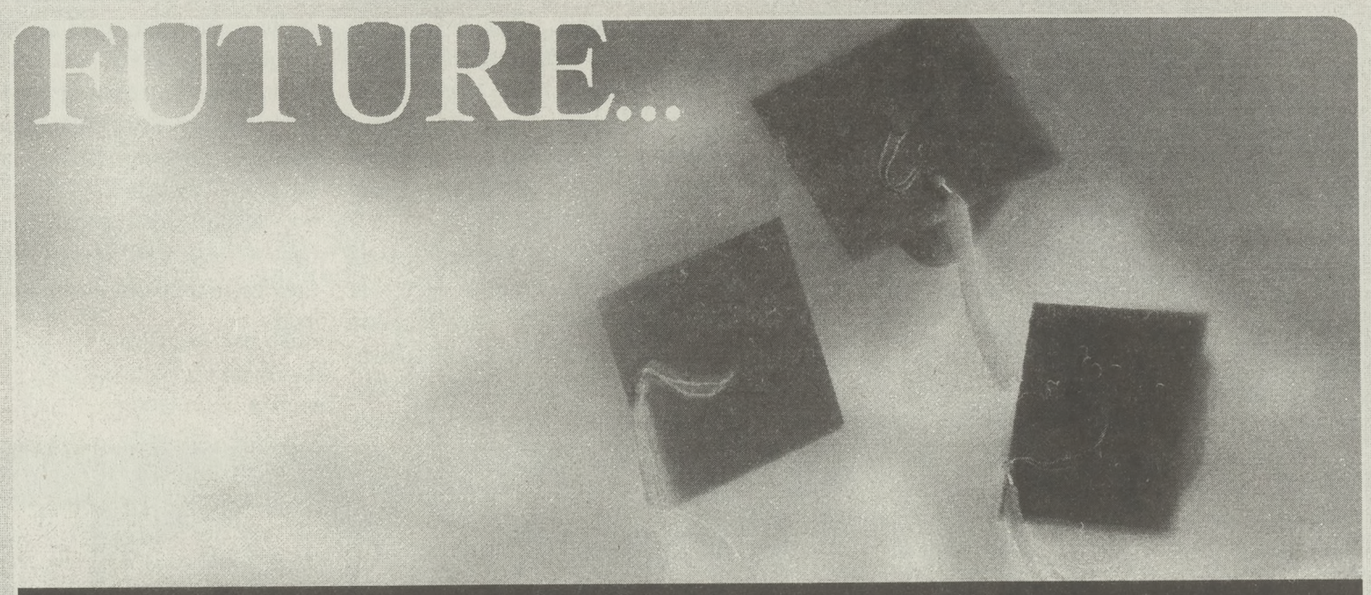

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Sports 7

Rally Monkey Leads Angels to the World Series

BY BOB TEICHMANN
SPORTS EDITOR

It's a Cinderella story for the Anaheim Angels. This was a franchise known more for its failures than its success. But after winning a World Series berth Sunday, the bandwagon has turned red.

The Angels earned a place in the Fall Classic for the first time after defeating the Minnesota Twins, 13-5, to win the American League Championship Series Sunday.

"I couldn't feel better for a group of guys anywhere," Anaheim manager Mike Scioscia said. "What an effort they gave. It does more than validate how good these guys are."

Anaheim's road was uncharted territory. They were entering the postseason for the first time in 16 years.

Fear struck fans when they discovered that their first challenge would be the Bronx Bombers, the New York Yankees. But the Angels were vigilant and ready for anything.

The Yankees, who won six of the last eight World Series championships, were shocked when the Angels eliminated them from the playoffs, 3-1, in a best-of-five divisional series.

Anaheim's victory led them into their first ALCS appearance in franchise history. The series against the Twins, a team that faced contraction last year, was billed as a battle between the miracle teams.

Winning the best-of-seven series was not easy for the Angels, dropping game one in Minnesota Tuesday. Angels' fans feared the worst, as it looked like their Cinderella team would lose its glass shoe.

However, the Angels tied the series after winning game two in the Metrodome, thanks greatly to closing pitcher Troy Percival. The series shifted to Anaheim Friday, where the Angels would eventually take a commanding two-game lead going into Sunday's decisive game five.

STAR PHOTO/ERLINDA OLVERA

Angels fans celebrate a victory Saturday that helped send the team to its first World Series appearance.

The Rally Monkey was out in full force in Anaheim for the game. The capacity crowd of 44,835 filled every seat with all things red, ranging from red Angels' shirts to large Wilma Flinstone wigs.

The Twins set the pace of the game early on with a 2-0 lead. Angels' second baseman Adam Kennedy ripped a solo shot into right-center field in the third inning, bringing the Minnesota lead down to one. After Scott Spiezio tied the game for Anaheim in the fifth with his own solo home run, Kennedy sent another ball into the stands, giving the Angels a 3-2 lead.

Minnesota regained the lead going into the bottom of the seventh inning, but Kennedy was not done hitting home runs. His final homer brought the Angels back from a 5-3 deficit in a 10-run inning that saw 15 batters for Anaheim.

"It's a tough lineup all the way through," Minnesota manager Ron Gardenhire said. "When you make a mistake to them, they'll whack you."

Kennedy made history when he became only the fifth person to hit three homeruns in a single postseason game. For his efforts, he was named the series MVP.

"It's the biggest game in my life," Kennedy said. "I'm going to enjoy this for a while and then get back to work."

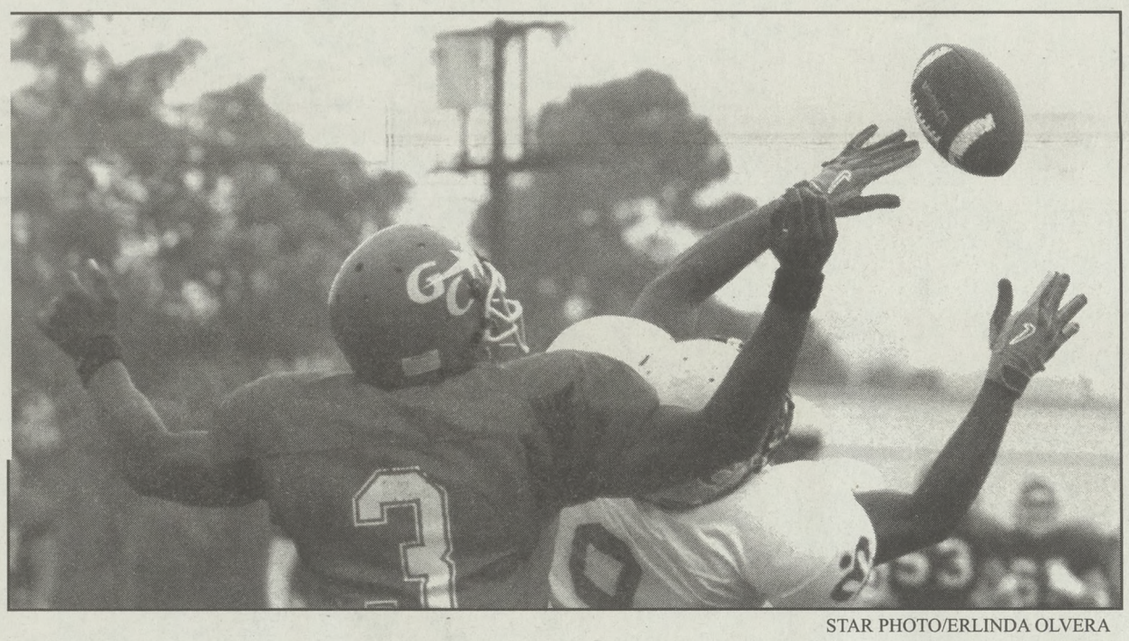
Angels' outfielder Tim Salmon has been with the club longer than any of his teammates. He's been waiting for a moment like this for a very long time.

"This club has been my family for six months every year, and that's 10 years," Salmon said after taking a victory lap with the ALCS trophy.

All the years of waiting for players and fans alike have finally paid off. The Angels will have the home-field advantage when they host the San Francisco Giants at Edison International Field in Anaheim for game one of the World Series on Saturday.

Monarchs Throttle Vaqueros, Start New Streak

BY BOB TEICHMANN AND
RICARDO MIRANDA
STAR REPORTER



STAR PHOTO/ERLINDA OLVERA

Monarch defender Craig Chisholm breaks up a pass Saturday at Glendale during the Monarchs 28-7 win over Glendale College.

It was set to be a long, difficult game for the Monarchs. Glendale College was coming off a victory, while Valley was still thinking about their previous loss. Friday's game was no loss as the Monarchs defeated the Glendale Vaqueros 28-7.

Two minutes into the game, running back Willie Jackson ran 39 yards for a touchdown. Five minutes later, running back Roger Daley followed with a 23-yard run for another Monarch touchdown. Things were looking good as Valley led 14-0 after the first quarter.

In the second quarter, Kevin Arbuckle started another fast drive that culminated with a 9-yard touchdown pass to wide receiver Calvin Stuckey. At that point, Valley's lead was 21-0, forcing a shutdown of Glendale's offense.

Glendale tried to ralley a comeback, scoring a touchdown off a 59-yard pass late in the second quarter. Although they scored, the Vaqueros had no chance against the second-ranked defense in the conference.

The best play of the game came in the fourth quarter when a Monarch drive ended with a 23-yard pass that receiver James Norris caught in the end zone. The play was so great that even Glendale's fans applauded.

Valley is now second in conference behind the undefeated Moorpark Raiders. The Monarchs are off next week, giving them much-needed rest. They will return Saturday, October 26 to host the LA Harbor Seahawks at the Homecoming.

Lady Monarchs Soccer Falls Again

BY BOB TEICHMANN
SPORTS EDITOR

SANTA MONICA—The Lady Monarchs went into this game hoping to win but that did not happen. They don't know why. Was it the traffic on the 405 freeway?

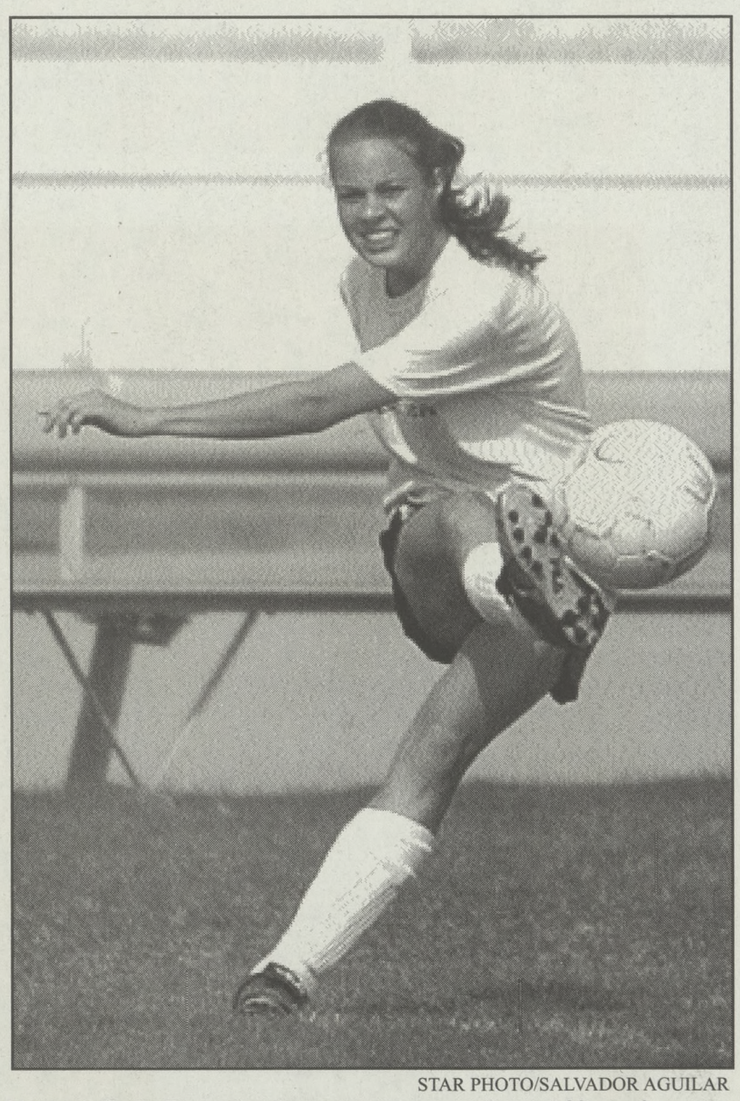
The losing ways of Valley's newest team continued when the Lady Monarchs lost to Santa Monica College, 1-0, Friday, dropping their overall record to 1-9.

"Ladies, what will you do out there? I know you want it, so make it happen," Assistant Coach Marlon Archey told the team.

Unlike their previous games, the Monarchs played an excellent overall defensive match, allowing no goals in the first half.

The second half was no different. Strong defensive play continued from both teams, including a blocked penalty kick from goalkeeper Liz Baumwirt.

However, the second half was not scoreless. Santa Monica midfielder Jody Spergon found an opening and scored the game's only goal.



STAR PHOTO/SALVADOR AGUILAR

Monarch Emily Foote practices a curve power shoot at Monarch Stadium while the team gets ready for their next home game against Glendale.

Monarchs Dominate the Water Polo Ranks

BY BOB TEICHMANN
SPORTS EDITOR

Men's

The men's water polo team gave its fans a great time last week, winning 14-11 in a climactic overtime game against Santa Monica College.

The first half saw little action. Both teams relied heavily on constant passing and poorly timed shots. The half ended with a 4-4 tie.

In the second half, the Monarchs increased the pressure on Santa Monica's tight defense. The third quarter allowed only four points for each team.

Going into the fourth quarter tied again, both teams were hoping to end the game quickly. Instead, the fourth quarter ended tied at 10, forcing overtime.

Valley decided to end the stalemate. After four quarters and two overtime periods, the Monarchs proved to be the better team. Their victory was sealed when Chris Langer scored the final shot that put the Monarchs up by three.

The Monarchs will host Citrus on Friday at 3 p.m.

Women's

Unlike their male counterparts, the Lady Monarchs dominated Santa Monica from the opening minute in a decisive 13-6 victory Wednesday.

The first quarter ended in a 1-1 tie, but the ladies made sure that their game would end swiftly.

The second quarter was a shooting war, with Valley remaining one step ahead of the visiting team. Valley ended the first half up by two.

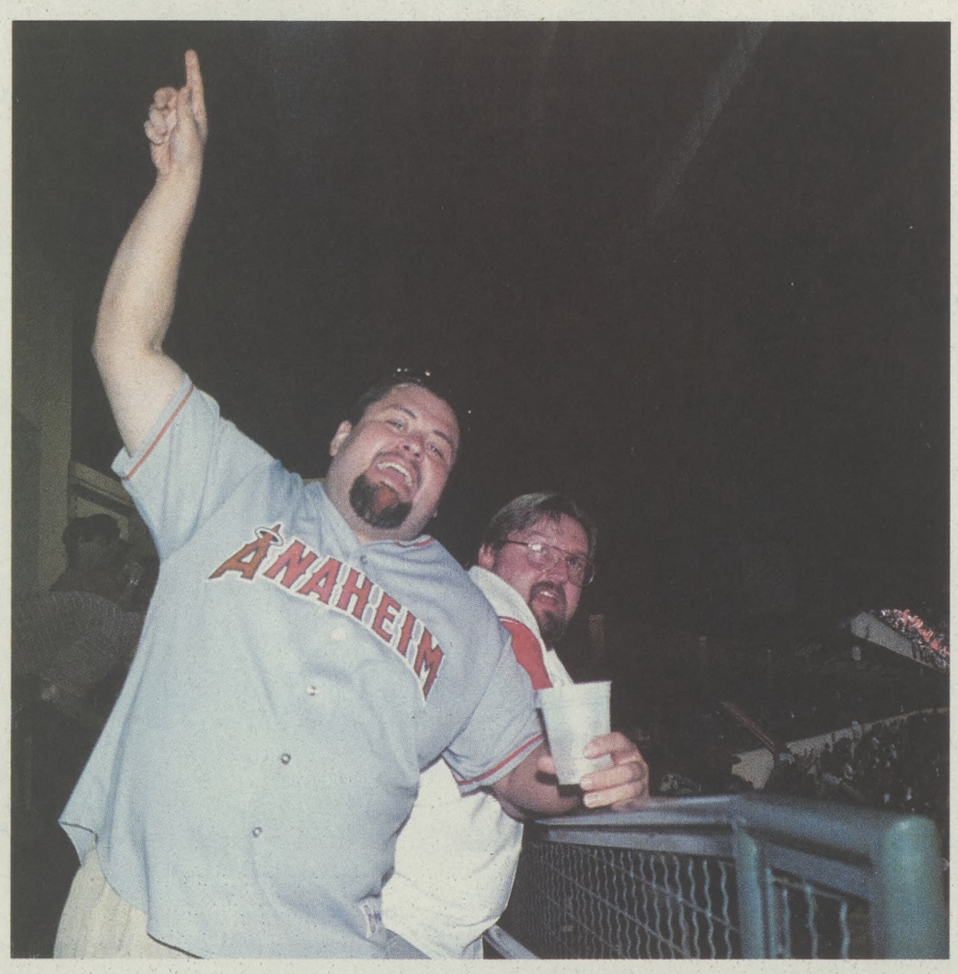
Monarch driver Julie Olson was a big part of the offensive onslaught in the third quarter. She scored twice and put the Ladies up 9-3.

Valley sealed a victory in the fourth, with yet another heavy offensive display and tight defense. Olson scored for the fourth time in the game, leading the Lady Monarchs to an easy victory.

Their dominating style of play is expected to carry over into their next game when they host Citrus in the late game Friday.

Don't forget to support your school at Valley's Homecoming Game vs. L.A. Harbor College Saturday October 26 at 1:00 p.m. Practice your cheers at the "Homecoming Pre-game Picnic" with food, a DJ and lots of fun at 11:30 by the South Gym!!

ANAHEIM ANGELS, WORLD SERIES BOUND



Angels' fans have waited 16 years for a chance to be recognized. With a 13-5 victory against the Minnesota Twins Sunday, the Anaheim Angels are in the World Series for the first time, giving their fans a reason to break out the rally monkies.

Photos by Erlinda Olvera, text by Bob Teichmann and layout by Jorge Gallegos.